

SAME DAY REGISTRATION - 2011

Parents, for those of you who were not able to pre-register your child on June 23rd and would still like to do so, print and fill out the form available on TRRC's website. Bring it with you, along with your check or cash prior to 5:30 PM of that session so you can avoid long lines. We will also have registration forms available at each session under the tents at the Somers High track. While you are on the website, please browse through our program information, paying particular attention to the "**SYTP Participation Guidelines**" as parents follow this with much respect in order to make our program run smoothly. Your child will develop a positive outlook, improve athletically, develop discipline not just for track or other sports, but for life itself, now and in the future, plus they will have a fantastic time. If you have any questions, don't hesitate to E-mail me at Ranashinc@aol.com or call 914-248-6363. Have fun and take part in the sessions, become a kid again. Thanks and enjoy our program. Rich Nash Director

Frequently Asked Questions

- 1) Is it too late to register my child?** No, you can register up to the 7th session (July 21). Fitness is very important and we don't like turning any children away.
- 2) Does my child have to attend all sessions since we are going on vacation during part of the program?** No, have your child attend when they can.
- 3) Is this program for Somers residents only?** No, we have had children from all of Westchester, in addition to Putnam, Dutchess, Rockland, Bronx and Fairfield Ct. counties participate in the program.
- 4) Can my child bring a friend for one or two sessions?** Yes, the visiting child must be registered for each session. They will not get a "T"shirt, become a TRRC member, nor be able to attend the picnic at the end of the program's duration. The cost per session for a friend is \$5 per session. A release form must be signed for each visiting child by a responsible parent.
- 5) Will I get confirmation email when my child has been accepted to the program?** No. If you register online you will receive confirmation from raceit.com. If you mail in your registration or register in person, your cancelled check will be your receipt.
- 6) Does my child have to check in for each session and get a wrist band?** Yes, and the wrist band must be worn for each session. This helps us monitor how many participants are at each session and make sure the appropriate number of 'helpers' are with each group.
- 7) Can my child bring sports drinks?** The Somers School District does not allow sports drinks on the track or any playing surface. If your child does bring a sports drink, it must be kept off the track, infield, and any artificial surface. Water is acceptable on these surfaces and should be with your child at all times.
- 8) My child is a gifted athlete, can they be moved to a higher group?** We don't recommend this as peer group socialization and emotional interaction is as important to your child's development as the physical aspect of the program. There are cross country runs available for children wishing to increase their endurance beginning with the 4th grade group and for 3rd grade with parental consent.
- 9) How can I help out?** Be positive and support your child with the activities, respect the "SYTP Participation Guidelines", and we are always looking for volunteers to coach.
- 10) Should I bring food to the picnic on the last session?** No, we will secure the food and cook it. We would love assistance in serving, setting up and cleaning up.
- 11) How will I know if the SYTP has been cancelled due to weather?** Any cancellations will be called into WHUD, 100.7FM by 5pm. Please listen to WHUD if you have any questions.